



*Real time mode (second indicator running)*

## TIME SETTING

While in real time mode, press and hold RESET for 2 seconds. Adjust the flashing item by pressing START. Press MODE to select other items. Holding down START changes the number at high speed. When finished setting, press RESET to return to real time mode.

To select between 12-hour (**AM/PM**) and **24-hour** indication, press START in real time mode.

## ALARM

While in real time mode, press MODE once to launch the alarm ("AL") mode.

To adjust the alarm time, press and hold RESET for 2 seconds. Adjust the flashing item by pressing START. Press MODE to select other items. Holding down START changes the number at high speed. When finished setting the alarm, press RESET to confirm.

**Important:** Besides setting the alarm time, the alarm should be switched on in order to beep. Switch the **alarm** (●) and **snooze** (**SNZ**) functions on/off by pressing RESET while in alarm mode.

When the alarm beeps, press RESET to stop it. If the snooze function has been on (**SNZ** flashing), the alarm will beep again in 5 minutes. Switch the snooze off as described above.

**Important:** If also a date is preset for the alarm (upper right

corner in "month - day" format), the alarm will beep on that date only. Therefore, for the alarm to beep at the preset hour and minute regardless of the day, leave the date blank (adjust to "----").

## **STOPWATCH**

While in real time mode, press MODE twice to launch the stopwatch (ST) mode.

Press START for starting/stopping the stopwatch. Press RESET to clear the stopwatch to all zeros.

## **DUAL TIME**

While in real time mode, press MODE three times to launch the dual time ("DT") mode. For setting the dual time, hold RESET for 2 seconds. Adjust the hour by pressing START. Press MODE to select the minute, and START to adjust it. Holding down START changes the number at high speed. Press RESET to confirm the dual time.

## **TIMER**

While in real time mode, press MODE four times to launch the timer ("TR") mode. For setting the timer, press and hold RESET for 2 seconds. Adjust the hour by pressing START. Press MODE to select the minute, and START to adjust it. Holding down START changes the number at high speed. Press RESET to confirm the timer setting.

Press START to start the timer countdown operation. It will continue even when the watch is not in timer mode.

A beep sounds when the counter reaches all zeros. Press RESET to switch off the beep.

## **HOURLY CHIME (SIGNAL)**

To switch the hourly chime function on/off, while in alarm setting ("AL") mode, press START and then RESET. **SIG** is indicated when it's on.